

Beef, Spinach & Beetroot

Enjoy some tasty and super healthy meals this week: don't forget to stock up on vitamin-C-rich foods such as oranges, clementines, lemons and tomatoes, plus lots of lovely green leafy veg, in order to keep the seasonal sniffles and lethargic feelings away. Try out this delicious warm 'salad' with our gorgeous roast beef joints; this also works well with any roast leftovers such as turkey, goose, game, chicken or pork, plus feta cheese or halloumi (available in the farm shop), tofu or mackerel: yum! You can either boil or roast the beetroot whole and then peel, top and tail the beetroot when cool.

Serves 4

350g roast beef, sliced
bag fresh spinach leaves, rinsed
450g cooked beetroot, quartered
3 tbsp extra virgin olive oil
1 tbsp balsamic vinegar
½ clementine, juiced
handful fresh thyme leaves
sea salt & black pepper



SXC

Gently toss the leftover meat, spinach (shred if the leaves are large), and cooked beetroot quarters. Whisk the oil, balsamic vinegar, and fruit juice, and season with salt and black pepper to taste. When ready to serve, drizzle the dressing over the meat and veg salad, and scatter over the thyme leaves with a little more seasoning. Serve with a little crusty bread to mop up the juices; or roast or jacket potatoes.



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Christmas Deliveries & Shop Opening Times

A reminder that box deliveries due on Wednesday 25th, Thursday 26th and Friday 27th December will all be brought forward to Monday 23rd, or Tuesday 24th for Cirencester. There will also be no deliveries during the week beginning 30th December; weekly customers will get double boxes next Monday or Tuesday, unless you have let us know otherwise. However, we will be delivering as usual the following week onwards, from Wednesday 8th January.

The farm shop will also open on Monday 23rd December, from 9am-5.30pm, for box and special order collections, and to stock up on your Christmas veg and treats. On Tuesday 24th we are open from 9am-1pm, and will be closed on Christmas Day and Boxing Day. We open Friday 27th December as normal, and over the weekend. The shop will also be closed on Wednesday 1st January, then open as normal on Thursday 2nd January.



Purton
Farm Shop



From our land to your hand

Open Tuesday-Friday 9.30am-5.30pm
Saturday 9.30am-4pm
Sunday 11am-4pm

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