

# Fresh Garlic Brunchy Salad

*Our lovely fresh 'wet' garlic is now ready this week: it's a young garlic plant picked before it bulbs up into individual cloves, and has a much milder flavour than the stored mature garlic. It's always a great companion with early spring greens such as PSB, spinach or spring cabbages; but it's great to throw in lots of dishes to give an extra kick: stir-fries, salads, and steamed side vegetables. As it's such a delicate flavour, it doesn't need much cooking (if any). Try out this hearty salad: or for a healthier version leave out the brunchy bits and simply add more raw ingredients such as grated carrot or beetroot, sliced cucumber and onion, and other salad leaves or spinach.*

## Serves 2

- 2 large handfuls torn lettuce
- 2 handfuls thinly sliced cabbage
- handful mushrooms, sliced
- 2 eggs
- 2-4 rashers bacon
- 2 tbsp cider vinegar
- 4 tbsp olive oil
- ½ tsp salt
- ¼ tsp black pepper
- 1 fresh garlic stem, thinly sliced



Hard boil the eggs and grill the bacon until crispy. Shell the eggs, slice and leave to cool. Mix together the cider vinegar, oil, salt and pepper. Add the sliced garlic and whisk well, then set aside to infuse. Heat two tablespoons of oil in a frying pan and cook the mushrooms until turning golden, then set aside. Assemble the salad by mixing together all the lettuce and cabbage, and mix in the bits of bacon, egg slices and mushrooms. Toss in the dressing, and top with a few extra slices of egg.



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## *This week we love...* BBQ Boxes

Now that summer is just around the corner (we hope: or we'll carry on regardless anyway this year), we now have our popular barbecue meat boxes available. Each box costs **just £25** and includes a variety of delicious organic meat perfect for a barbecue or grill – or easy weekday suppers. The pork is from our Berkshire pigs, and the beef is from our own gorgeous Aberdeen Angus herd, so let us know what you think. These BBQ boxes are available now, weekly – not just during the regular Meat Box weeks at the end of the month; so order one today!



### **Each £25 BBQ Meat Box includes:**

Pack 4 burgers

Pack 6 sausages

Chicken wings

Chicken drumsticks

Cubed lamb or beef for kebabs

Pork spare ribs (contents may vary slightly subject to availability)

Purton  
Farm Shop



Open Tuesday-Friday 9.30am-5.30pm  
Saturday 9.30am-4pm  
Sunday 11am-4pm

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